

Contents 内容

○Age as of March 31, 2024

Category		Target group	Items (Marked with ○ items are available only for applicable recipients.)
Health Checkups	Specified Health Checkup 特定健康診査	Citizen aged 40 to 74 who is insured by Misato City National Health Insurance	<p><Checkup Items for All></p> <ul style="list-style-type: none"> ●Body measurement: ①height, ②weight, ③BMI, ④abdominal circumference [excluding for one who receives Health Checkup for Latter-stage Elderly Medical Care Insurant], ●Medical interview, ●Consultation, ●Blood-pressure check, ●Urinalysis (sugar / protein), ●Blood test: <ul style="list-style-type: none"> ①Blood lipid test (levels of neutral fat, HDL cholesterol, LDL cholesterol), ②Hepatic function test: (AST<GOT>, ALT<GPT>, γ-GT<γ-GTP>), ③Diabetes test: (Hemoglobin A1c), ④Kidney function test: (Creatinine, Uric acid, eGFR), ⑤Anemia test: (Red blood cell count, Hemoglobin, Hematocrit) <p><Following tests are provided for one instructed by a doctor ></p> <ul style="list-style-type: none"> ○Electrocardiography [excluding for one who receives Health Checkup for Thirties] ○Fundus examination [excluding for one who receives Health Checkup for Thirties or Health Checkup for Latter-stage Elderly Medical Care Insurant]
	Health Checkup for age 75 75歳健康診査	Citizen Aged 75	
	Health Checkup for Latter-stage Elderly Medical Care Insurant etc. 後期高齢者等健康診査	Citizen who is insured by Latter-stage Elderly Medical Care System etc.	
	Health Checkup for Thirties 30歳代健康診査	Citizen aged 30 to 39	
Cancer Screenings	Stomach Cancer Screening 胃がん検診 *If you apply for an Individual Examination, you can choose a Stomach X-ray or a gastroscopy.	Citizen aged 50 or over <i>*Only for one who didn't receive this screening in the FY2022</i>	<p>Choose either one ●Stomach X-ray (by barium contrast agents)</p> <p>●Gastroscopy Individual Examination only</p> <p>*Capacity is limited for each medical institution.</p> <p>*Choose a gastroscopy <Individual Examination only> if you have any problem with the examination using barium.</p> <p>*You cannot receive both stomach cancer screening and Helicobacter pylori screening in the same fiscal year.</p> <p>*Please note that some medical institutions may charge you for the pre-examination fee.</p>
	Helicobacter Pylori Screening ピロリ菌検診	Citizen aged 40 to 69 <i>*For one who has never received Helicobacter Pylori Screening.</i>	<ul style="list-style-type: none"> ●Blood test (Serum pepsinogen level test, Helicobacter pylori antibody test) <p>*You cannot receive this screening in addition to a Stomach Cancer Screening in the same fiscal year.</p>
	Lung Cancer Screening 肺がん検診 (Tuberculosis screening) (結核検診)	Citizen aged 40 or over	<ul style="list-style-type: none"> ●Chest X-ray <p><i>*Other than lung cancer, tuberculosis or other chest diseases also will be checked through a Chest X-ray examination.</i></p> <ul style="list-style-type: none"> ○Sputum cytology test <ul style="list-style-type: none"> ◎Only for one aged 50 or over, having the smoking index (the number of cigarettes per day he/she smokes multiplied by the number of years he/she has smoked) 600 or more, who received a Chest X-ray examination and and instructed by a doctor to receive this test. <p>*Please read 'numbers of cigarette(s)/day' as 'numbers of cartridge(s)/day' if you smoke heated tobacco.</p>
	Colon Cancer Screening 大腸がん検診	Citizen aged 40 or over	<ul style="list-style-type: none"> ●Immunological fecal occult blood test (submit 2 days stool specimens)
	Hepatitis Virus Screening 肝炎ウイルス検診	Citizen aged 40 or over <i>*For one who has never received this screening before</i>	<ul style="list-style-type: none"> ●Blood test (HCV antibody test / HBs antigen-antibody test)

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Group Periodontal Disease Checkup 集団歯周病疾患検診	Citizen aged 40 or over	●Dental examination, instruction on how to use tooth and interdental brushes correctly, and bacteria test in the oral cavity
Individual Dementia Checkup 個別認知症検診	Citizen aged 70	●Bring your check list for Dementia Checkup (examined by medical interview) Individual Examination only Apply directly to a medical institution offered Dementia Checkup listed on “Designated Medical Institutions for Individual Health Checkups/ Cancer Screenings in Misato City”.

<Checkups / Screenings for Females>

Breast Cancer Screening 乳がん検診	Female citizen aged 40 or over <u>*Only who didn't receive this screening in the FY2022</u>	●Mammography (A woman who is in the forties will have a mammogram from two directions, and who is aged 50 or over from one direction) *Neither visual inspection nor manipulation will be provided. *If you are pregnant, possibly pregnant, breast feeding, have a breast implant, with a pacemaker/ ICD or have received a Ventriculoperitoneal Shunt surgery (e.g., V-P shunt), you cannot receive this screening.
Cervical Cancer Screening 子宮頸がん検診	Female citizen aged 20 or over <u>*Only who didn't receive this screening in the FY2022</u>	●Cervical cancer screening (Cytodiagnosis of cervix, visual inspection, pelvic examination) ◎If you are aged 20 to 39 Individual Examination only *If you are pregnant, possibly pregnant, had a total hysterectomy or during menstruation, you cannot receive this screening. <Following test is provided for one instructed by a doctor.> ○ <u>Uterine body cancer screening (Cytodiagnosis of uterine body)</u> Individual Examination only
Group Osteoporosis Checkup 集団骨粗鬆症検診 (Offered 3 times a year)	Female citizen aged 40, 45, 50, 55, 60, 65, or 70	●X-ray test on your arm (DXA method on forearm bone) *If you are receiving treatment for osteoporosis with medicines for internal use, you cannot receive this checkup. *If you prefer to receive Group Checkup for Osteoporosis, apply to the Health Promotion Section by phone.

<Checkup / Screening for Males>

Prostate Cancer Screening 前立腺がん検診	Male citizen aged 60 and 65	●Blood test (PSA test) Individual Examination only *If you prefer to receive PSA test only, apply to the Medical Examination and Disease Prevention Section by phone.
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Inquiries: Medical Examination and Disease Prevention Section; Call: 048-930-7773