

■Emergency Stockpile 非常備蓄品 PDF2-2

Emergency stockpile is the necessities which **you will use for a few days before the daily life is restored after the disaster**. Keep your stockpile in a box and store it in a pantry or a closet.

<input type="checkbox"/>	Foods	Canned foods, retort pouched foods, dried foods, sweets or snacks, nutritional supplements etc. (Keep a stock of at least 3 days of consumption, desirably for 7 days.)
<input type="checkbox"/>	Drinking water	You will need drinking water of approximately 3 liters per adult person per day. (Keep a stock of at least 3 days of consumption, desirably for 7 days)
<input type="checkbox"/>	Portable toilet and toilet paper rolls	(You may not be able to flush the toilet due to disrupted water supply at a disaster.)
<input type="checkbox"/>	Fuel and others	Portable gas stove, spare gas canisters (be sure to have enough), spare clothing, toiletries, medicine, solid fuel, blankets, sleeping bags, plastic bags, disposable heat packs, plastic cling films, tool kits, PE container for water to be rationed, cups/dishes, soaps, dry shampoos, newspapers, cartons, cloth tape for packing etc.

