

Category	Name	Item	Target age (as of March 31)
Health Checkups/ Cancer Screenings	Specified Health Checkup	Medical interview, consultation, body measurement, blood pressure check, blood test, urinalysis <Items for one instructed to receive> Electrocardiography, Fundus examination	Citizen aged 40 to 74 insured by Misato City National Health Insurance
	Health Checkup for age 75		Citizen Aged 75
	Health Checkup for Latter-stage Elderly Medical Care Insurant etc.	Medical interview, consultation, body measurement, blood pressure check, blood test, urinalysis <Items provided for one instructed to receive> Electrocardiography	Citizen who is insured by Latter-stage Elderly Medical Care System etc.
	Health Checkup for Thirties	Medical interview, consultation, body measurement, blood pressure check, blood test, urinalysis	Citizen aged 30 to 39
	Stomach Cancer Screening	Stomach X-ray or a gastroscopy (Individual Examination only)	Citizen aged 50 or over (Only for one who didn't receive this screening in the previous fiscal year)
	Helicobacter Pylori Screening	Blood test (Helicobacter pylori antibody test, Serum pepsinogen level test)	Citizen aged 40 to 69 (Only for one who has never received this screening)
	Lung Cancer Screening	Chest X-ray Sputum cytology test (One aged 50 or over who meets a standard)	Citizen aged 40 or over
	Colon Cancer Screening	Immunological fecal occult blood test	Citizen aged 40 or over
	Hepatitis Virus Screening	HCV test HBs test	Citizen aged 40 or over (one who have never received this test before)
	Prostate Cancer Screening	Blood test (PSA test) (Individual Examination only)	Male citizen aged 60 and 65
	Breast Cancer Screening	Mammography	Female citizen aged 40 or over (Only who didn't receive this screening in the previous fiscal year)
	Cervical Cancer Screening	Cytodiagnosis of cervix, Uterine body cancer screening (only who meets criteria) (Individual Examination)	Female citizen aged 20 or over (Only who didn't receive this test previous fiscal year)
	Osteoporosis Checkup	X-ray test on your arm (Group Examination only)	Female citizen aged 40, 45, 50, 55, 60, 65, or 70
	Periodontal Disease Checkup	Tooth decay and periodontal disease checkup, examination of bacteria in the oral cavity etc. (Group Examination only)	Citizen aged 20 or over
Other health programs	Specific Health Guidance	<Incentive Support> Initial interview and evaluation after three-months <Proactive Support> Initial interview, mid-term evaluation and evaluation after three months	Citizen aged 40 to 74 insured by Misato City National Health Insurance who received 'Specified Health Checkup' and selected to receive the specific health guidance.