

◆What to do when you are at home 家では

Protect yourself from falling objects.



Secure your way out
by opening doors which may be stuck by warp.



Put off the fire
as soon as the big quakes subside.



Do not rush out of the house because falling objects may hit you.



Watch your steps
to avoid injury on your feet by broken glasses.



Obtain accurate information
announced by radio or TV.



Turn off circuit breaker
and walk when you evacuate from home.



Help each other
for first-aid treatment.



◆What to do when you are outside 外出先では

In the open air
Stay apart from buildings and escape to an open area.



On a train or bus
Hold on to a bar or strap.



In a lift
Push buttons of all floors and get out at the first stop.



At seashore
Evacuate to a higher place **IMMEDIATELY**.



At a shopping mall or amusement place
Calm down and follow the directions by a facility's staff. **NEVER** rush into an exit.



While driving
Pull over your vehicle to the left on the road. When you evacuate from the car, take the vehicle inspection certificate with you, but leave the key in the ignition switch and leave the doors unlocked.



At underground
Emergency light will be lit when electricity blacks out. Calm down and walk along the wall to an exit.



On a mountain or hill
Escape from dangerous places where a landslide may occur.

