家では

♦What to do when you are at home

Protect yourself from falling objects.

Secure your way out by opening doors which may be stuck by warp.

Put off the fire as soon as the big quakes subside.

Do not rush out of the house because falling objects may hit you.



Watch your steps to avoid injury on your feet by broken glasses.



Obtain accurate information announced by radio or TV.



Turn off circuit breaker and walk when you evacuate from home.



Help each other for first-aid treatment.









♦What to do when you are outside 外出先では

In the open air Stay apart from buildings and escape to an open area.

On a train or bus Hold on to a bar or strap.







At a shopping mall or amusement place Calm down and follow the directions by a facility's staff. **NEVER** rush into an exit.



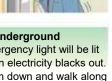


While driving Pull over your vehicle to the left on the road. When you evacuate from the car, take the vehicle inspection certificate with you, but leave the key in the ignition switch and leave the doors unlocked.





At underground Emergency light will be lit when electricity blacks out. Calm down and walk along the wall to an exit.







On a mountain or hill Escape from dangerous places where a landslide may occur.

