

Asparagus with mixed miso wasabi mayonnaise



Ingredients for one pack

Juicy Asparagus	1pack
salt	a little
★mayonnaise	table spoon 1
★wasabi	tube type about 1 cm
★miso	tea spoon 1

You can adjust the amount of miso, wasabi, and mayonnaise as you like. It may be easier for children to eat without the wasabi.

How to cook

① Wash the asparagus well with water and cut it into 2-3 pieces.

② Boil water in a pot and boil the asparagus for 2-3 minutes.

*You can use the microwave or steam it.

③ While the asparagus is boiling, mix the ingredients marked with ★.

④ Put it on a colander and remove the rough heat.

.⑤ Place the boiled asparagus on a plate and pour ③ to finish